

Alberta Doctors' Digest

Meet your new president and president-elect for 2021-22

Dr. Vesta Michelle Warren

AMA president for 2021-22



Dr. Vesta Michelle Warren

Dr. Vesta Michelle Warren is the AMA President for 2021-22. She is family physician in Sundre, an associate clinical professor in family medicine at the University of Calgary and an assistant clinical professor in family medicine at the University of Alberta.

An active AMA member

Dr. Warren joined the AMA the first year of her residency (1997). She has provided her expertise to the AMA since 2015, when she joined the AMA Representative Forum as a delegate for Central Zone. Her other work with the AMA includes serving on the Nominating and Compensation Committees and, just recently, as Member at Large for

the Section of Rural Medicine executive. Dr. Warren is a member of the Family Medicine Taskforce.

Favorite AMA memory?

"My first RF and watching Dr. Rinaldi as speaker - I was in awe and have to admit I laughed at her great sarcastic wit! I was terrified the first time I got up to the mic, as she looked down at me and smiled - all was well. "

Thoughts on the AMA

"The AMA is the only place that all Alberta physicians can come to work towards a better health care system, and engage with the challenges associated in our profession. In the days of old, the Doctors Lounge was the site of many conversations between physicians but now that has been lost. The AMA has become the new lounge for ALL members. I love the networking, and am learning a lot about the politics of medicine."

Dr. Fredrykka Rinaldi

AMA president-elect for 2021-22



Dr. Fredrykka Rinaldi

Dr. Fredrykka Rinaldi is a family physician based in Medicine Hat.

Dr. Rinaldi is the AMA's President-elect for 2021-22.

A distinguished career

Dr. Rinaldi received her medical degree from Dalhousie University in 1989 and her Certification in the College of Family Physicians in 1991. She also has a Master of Health Administration, an LLB and an MBA.

Dr. Rinaldi has been or is involved in several different leadership roles, including within Alberta Health Services, the Canadian Medical Protective Association and the Palliser Health Region.

An active AMA member

Dr. Rinaldi joined the AMA in 1991 as a Member of the Section of General Practice (now known as the Section of Family Medicine). She has provided her expertise to the AMA since 1996, when she joined the AMA Representative Forum as a delegate. Her other work with the AMA includes membership on the:

- Health Issues Council
- AMA-WCB Negotiating Committee
- Medical-Legal Committee
- Information Management and Information Technology Coordinating Committee
- Nominating Committee
- Committee on Financial Audit
- AMA Bylaws Working Group
- Joint Task Force
- Council of Zonal Leaders
- AMA Board of Directors
- SGP Executive
- Speaker and Deputy Speaker of the Representative Forum

Favorite AMA memory?

"My favorite AMA memory is from CMA AGM in PEI; it was the AMA Social. After a short walk through the woods we arrived at an expansive sandy beach with sun wine (in real glasses) and a charcuterie table bar none. Good friends, good times in a five-star nature setting. It was organized by Ron Kustra, then Director of AMA Public Affairs. It was the most perfect event ever."

Thoughts on the AMA

"The benefits of working with the AMA include contributing to my and our own future; and contributing to the positioning of physicians in the shaping of health care transformation and sustainability, quality of care and physician wellness."

On a personal note

Dr. Rinaldi is a 'Dog Mom,' and she enjoys riding her motorcycle and gardening.