Alberta Doctors' Digest

Shine A Light: Dr. Trevor Steve

The first thing Jude said about Dr. Trevor Steve is that he has a wicked sense of humour. Well, people say laughter is the best medicine. In Jude's case, she also needed Dr. Steve's expertise as a neurologist, and she credits him with saving her life.

Dr. Steve is an assistant professor in the Department of Medicine, Division of Neurology at the U of A. Jude first met Dr. Steve three years ago when she was admitted to the ICU following a seizure she had in her home. He diagnosed her epilepsy and has been providing her follow-up care since.

"Dr. Steve is warm, kind, attentive and knowledgeable. He looks you straight in the eye and listens to you. I owe him everything," says Jude.

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- Dr. Trevor Steve

Dr. Trevor Steve

As if the epilepsy was not enough to handle, Jude then lost her husband of 54 years. She credits Dr. Steve and his team for helping her deal with that loss on top of her health issues. "He was very sympathetic during a rough time in my life, and he has greatly improved my quality of life by helping me manage my epilepsy. Dr. Steve is Shine A Light."

Let's get to know a little more about Dr. Steve.

How long have you been practicing medicine?

I've been practicing seven years.

Why did you choose to focus your practice on neurology?

I chose neurology as a specialty because of the breadth of different disorders that can affect the nervous system – and the satisfaction that comes from diagnosing and treating a patient with neurological illness. When I was a medical student and resident, my colleagues in other specialties were convinced there was not much that could be offered to a patient with neurological disease. This is less and less true every day.

What do you find most satisfying about your work?

When a patient has an excellent outcome and they are able to live their best life as a result.

About Shine A Light

The Shine A Light Program recognizes and profiles AMA member physicians who are making a difference by:

- Spearheading projects that improve patient and/or community life.
- Diligently following/tracking patients to ensure coordinated care.
- Working long hours and adjusting schedules to meet patient needs.
- Contributing to Alberta's vision of a high-performing health care system.

We're looking forward to your nominations and to shining a light on physicians who put Patients First® in everything they do.