

# Alberta Doctors' Digest

## Shine A Light: Dr. Margot McLean

Dr. McLean's patients are breathing sighs of relief that she has no immediate plans to retire even though she's been a family physician for over 30 years.

"Dr. Margot McLean has been my family doctor for close to 20 years. She is always compassionate, knowledgeable, thorough and kind. She takes time to listen to your concerns and really hear what you are telling her. You never worry because no matter what the issue is, you always know she will ensure you are getting the correct information and the right care. She epitomizes the gold standard for a family physician. And I am so privileged to have her as my doctor."

Let's learn more about this long-time family physician.



Dr. Margot McLean

"I enjoy my relationships with patients as I get to know them and their families. I can celebrate with them in the best times and help them through the worst times."

- Dr. Margot McLean

### How long have you been a family physician?

I've been a family physician in Alberta for 32 years.

### Why did you choose family medicine?

I fell into it through an unusual route. I was doing my rotating internship with the intention of pursuing a neurology residency. I took a break from my education, and when I returned, I chose family medicine.

I work with a socially, economically and ethnically diverse patient population in Calgary. The variety is really interesting, and I am able to do everything from infant health to end-of-life care.

**What do you enjoy about your work?**

I enjoy my relationships with patients as I get to know them and their families. I can celebrate with them in the best times and help them through the worst times.

It sounds cliché, but I enjoy helping people. In addition to improving a patient's quality of life, I find it personally and intellectually satisfying to figure out what's going on with a patient and come up with a plan to manage their health.

**Any thoughts about family medicine you want to share?**

I know there is a lot of negativity about the status of family medicine, but I love what I do. I'm happy to come to work and have no plans to make any changes in the near future.

**About the Shine A Light Program**

The Shine A Light Program recognizes and profiles AMA member physicians who are making a difference by:

- Spearheading projects that improve patient and/or community life
- Diligently following/tracking patients to ensure coordinated care
- Contributing to Alberta's vision of a high-performing health care system

We're looking forward to your [nominations](#) and to shining a light on physicians who put Patients First® in everything they do.