

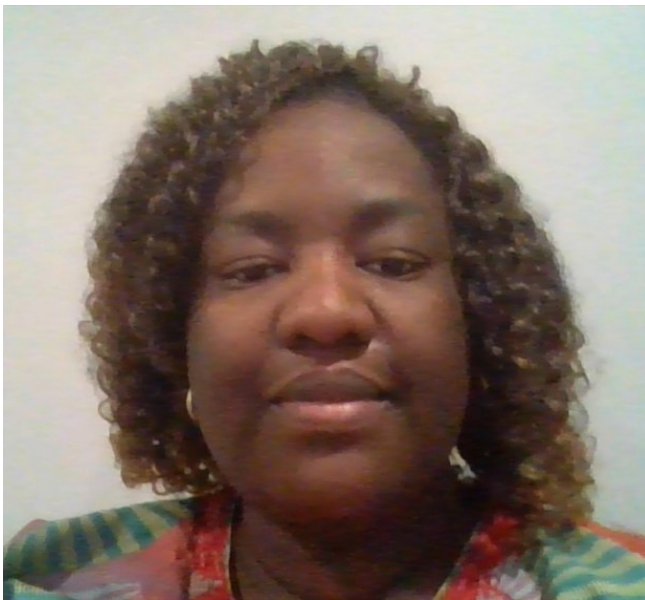
# Alberta Doctors' Digest

## Shine A Light: Dr. Oludamilola Olukemi Idowu

Dr. Oludamilola Olukemi Idowu loves her job, and it shows in the connections she makes with her patients. Here are some comments from one of those patients:

"Dr. Idowu is an exceptional physician, embodying compassion and expertise in the medical field. Her unwavering dedication to her patients has left an indelible mark on my life and the lives of my loved ones. Her genuine concern for the well-being of her patients is evident in every interaction.

During a difficult period when my health was deteriorating, Dr. Idowu's exceptional care helped me get back on my feet. Similarly, when my elderly mother fell ill during her visit last December, Dr. Idowu's unparalleled diligence and thoroughness not only helped uncover the root cause of her illness but also facilitated her full recovery.



"I think those long-term relationships with patients are unique to family medicine, and the longer I practice, the more I know it was the right choice for me."

- Dr. Oludamilola Olukemi Idowu

Dr. Oludamilola Olukemi Idowu

Dr. Idowu's extraordinary ability to connect with her patients on a personal level goes beyond medical expertise. Her meticulous approach to diagnosis and treatment was exceptional and ultimately restored my mother's health and vitality, transforming her life in ways I never thought possible. Dr. Idowu listens attentively, understands deeply and tailors her approach to each individual's needs, ensuring the highest level of care possible

I confidently vouch for Dr. Idowu as an exceptional physician. She epitomizes excellence in healthcare, seamlessly blending remarkable medical expertise with sincere compassion. For anyone in search of a top-tier physician, Dr. Idowu is unparalleled.

Dr. Idowu, your commitment, benevolence, and impact on your patients' lives are genuinely appreciated. Thank you for everything you do.”

Let's get to know Dr. Idowu.

### **How long have you been a family physician?**

I went to medical school in Nigeria and graduated in 2009. I moved to Canada in 2014 and did my residency at the University of Calgary. I now practice family medicine in a northwest Calgary clinic.

### **Why did you choose family medicine?**

I wanted a practice where I could really connect with my patients. I like that I can follow them from childhood to old age. I think those long-term relationships with patients are unique to family medicine, and the longer I practice, the more I know it was the right choice for me.

### **What do you most enjoy about your work?**

It's satisfying. I might be exhausted at the end of the day, but I know I am making a difference for my patients. One day that might be catching a life-threatening illness early even though the patient hadn't yet felt the symptoms. The next day it could be a patient leaving the clinic feeling a lot better after I saw they were feeling down about their health and needed some encouragement.

### **How do you feel about your Shine A Light nomination?**

It's a true honour to be nominated. It's special when a patient takes the time out of their day to submit a nomination that acknowledges the difference I have made for them.

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### About The Shine A Light Program

The Shine A Light Program recognizes and profiles AMA member physicians who are making a difference by:

- Spearheading projects that improve patient and/or community life
- Diligently following/tracking patients to ensure coordinated care
- Contributing to Alberta's vision of a high-performing health care system

We're looking forward to your [nominations](#) and to shining a light on physicians who put Patients First® in everything they do.