

# Alberta Doctors' Digest

## Suggested readings and learnings

### Books

- [21 Things You May Not Know About the Indian Act](#) by Bob Joseph
- [Black Water: Family, Legacy and Blood Memory; a Memoir](#) by David A. Robertson
- [Braiding Sweetgrass](#) by Robin Wall Kimmerer
- [Embers: One Ojibway's Meditations](#) by Richard Wagamese
- [Five Little Indians](#) by Michelle Good
- [From the Ashes: My Story of Being Métis, Homeless, and Finding My Way](#) by Jesse Thistle
- [The Inconvenient Indian](#) by Thomas King
- [Medicine to Help Us: Traditional Métis Plant Use](#) by Christi Belcourt
- [Structures of Indifference: An Indigenous Life and Death in a Canadian City](#) by Mary Jane Logan McCallum and Adele Perry

### Courses

- [Required Indigenous Learning Courses | Insite \(albertahealthservices.ca\)](#)  
We look forward to your participation and supporting the health outcomes of all patients and clients accessing your professional care through Alberta Health Services.
- University of Alberta [Indigenous Studies Course](#) | [Faculty of Native Studies - Courses](#)
- [Indigenous Learning at UCalgary](#) (Non-credit learning for students, faculty, staff and the public)

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Banner image: Library at University nuhelot'jine thaiyots'j nistameyimâkanak Blue Quills  
(Photo credit: Marvin Polis)