

# **Alberta Doctors' Digest**

## **Dr. Padraic Carr is sold on the AMA Youth Run Club**

The AMA Youth Run Club has been steadily growing in numbers and scope since its quiet beginnings in 2013 with 4,000 kids and 77 schools. Through the AMA Youth Run Club – a partnership of the AMA and Ever Active Schools – AMA member physicians, medical students and residents can meet with the children, teachers and families of their communities to encourage physical activity and the establishment of healthy, life-long mental and physical habits.

The impressive growth of this school-based, children's health and physical activity initiative would not be possible without the support of program sponsors: gold-level sponsor Alberta Blue Cross and bronze-level sponsor MD Financial Management. The AMA Youth Run Club is grateful for the increased capacity and enhanced program offerings that result from these sponsors' generosity and commitment to Alberta youth.