

# Alberta Doctors' Digest

## November-December 2023

- Foundation stones of medicine
- Understanding the crisis in Indigenous health
- Honouring our achievement award winners
- How everyday citizens can help in the drug poisoning crisis
- Guest column: An update from family medicine
- Tarrant Scholarship 2023
- Off to the races this fall
- Shine A Light: Dr. Sue Chandra
- History: A few parting words (or a denouement)
- Sponsored article: Delegating your financial responsibilities
- Adding medications to insurance formularies
- On sleep
- A conversation about nuclear war with Dame Joan Ruddock
- A message from TD Insurance
- Putting a price on grief
- Your issues: AMA in the news
- Caring through wildfire evacuation chaos